

Maternal Health & Children



**EXCELLENCE
SHAPES
LEGACY**

Project Number: 1

Date: July 26 , 2026

Time: 6:00 pm

Venue: Zoom(for session one) & Google meet (for session two)

Specified Committee: Community service

Area of focus: Home birth, Disabled mothers, Challenges & Health care

About “Maternal Health & Children”

Introduction:

The Maternal Health & Childcare project was a collaborative case discussion organized by the Interact Club of Lalitpur in partnership with Interact Club of St. Xavier's School, Jawalakhel, Interact Club of Rato Bangala, Interact Club of British Model college, and Interact Club of Little Angels' School. The program focused on analyzing real-world maternal and child healthcare challenges, encouraging participants to exchange ideas, develop practical solutions, and promote collaborative learning among Interactors.

Event Summary:

The event commenced with Interactor Sujana Amatya introducing to the objectives and session flow, after which participants were divided into five mixed teams representing the collaborating clubs. Each team was assigned a case study addressing maternal and child healthcare issues, including home births, challenges faced by mothers with disabilities, and access to healthcare services. Teams discussed the scenarios in breakout rooms and formulated recommendations based on their analysis.

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The second session featured Dr. Santos Poudel as the guest speaker. Following the presentation of the case scenario, representatives from each team shared their findings and proposed solutions. Dr. Poudel provided expert feedback and valuable insights, helping participants better understand the practical and medical aspects of the discussed issues, followed by a summary of the discussions by Interactor Michelle Sundas. The session concluded with a vote of thanks by Interactor Phurpa Diki Lama.

The Maternal Health & Childcare project provided participants with a meaningful opportunity to analyze real-life healthcare challenges, exchange perspectives, and strengthen their critical thinking and teamwork skills. The active collaboration among the participating Interact Clubs and the guidance of Dr. Santos Poudel made the program both informative and engaging.

Overall, the event enhanced participants' awareness of the importance of accessible, inclusive, and quality maternal and child healthcare. It inspired Interactors to become more socially responsible and reinforced the Interact Club of British Model College's commitment to community service, leadership, and creating a positive impact in society.

Yours sincerely,



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