

Maternal Health & Childcare

Project No.2



Date: 26th July, 2026

Location: Online

Specified Committee: Community Service

Area of Focus: Maternal and Child Health

Introduction:

The Online Case Study Competition on Maternal and Child Health was a collaborative event organized by five Interact Clubs with the aim of raising awareness about challenges surrounding maternal and child healthcare while encouraging participants to develop practical, evidence-based solutions. Through teamwork, discussion, and critical thinking, the project provided participants with an opportunity to analyze a real-life healthcare issue affecting mothers and children in Nepal. The event also aimed to promote collaboration between Interact Clubs while fostering leadership, communication, and problem-solving skills among participants.

Project Summary:

The competition was conducted in two sessions, with members being randomly divided into teams. The teams were presented with a case study highlighting the challenges faced by pregnant women in Nepal, particularly women with disabilities, and worked together to develop practical solutions. In the second session, Dr. Santos Poudel joined as the guest judge, where each team presented their solutions and received valuable feedback and insights. The event provided participants with an opportunity to strengthen their teamwork, critical thinking, and presentation skills while promoting meaningful discussions on maternal and child health. Overall, the collaboration was a successful and engaging learning experience for everyone involved.

Itr. Navya Nirala
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