

Maternal Health and Childcare



Project Number:1

Date: 27th July 2026

Location: Zoom and Google Meet

Collaborated with: Interact Club of Lalitpur, Interact Club of Rato Bangala School, Interact Club of British Modal College

Specified Committee : Professional Service

Guest: Dr. Santosh Paudel

Area of Focus: Maternal Health and Childcare (Health and Awareness)

Maternal Health and Childcare

Introduction:

For the July theme of “Maternal Health and Childcare” The Interact Club of St. Xavier’s School, Jawalakhel along with other four Interact Clubs Co-hosted an online event on the above listed theme. In the event, the participants were divided into groups of five and given a case study. The teams were given time to study the case and were made to present their case study and solutions to the invited guest Dr. Santosh Paudel. The project aimed to teach the participants about maternal health and childcare and also increase the interconnection between the interact clubs.

Project Summary:

The Event officially started at around 6 P.M. where first the participants were given a Zoom link and the event was explained and the team division occurred. Soon after the team division the team members gathered in the break rooms and were allowed some time for discussion on the case study. The case study explored the experiences of disabled woman during pregnancy, Childbirth, and newborn care. The case study included a bunch of challenges where the participants were supposed to find solutions and overcome the solution. Soon the meeting ended and the participants were provided with a new google meet link where the guest Dr. Santosh Paudel joined and the team started presenting their discussions and solutions one after the another. After one group presented Dr. Santosh gave his feedback and finally after all 5 Teams presented a member of the organizing committee also presented some solutions like the teams did after which finally the event was concluded at around 7:35 P.M. The Event explored ideas of Maternal Health and Childcare which allowed the participants to think critically in a group increasing teamwork and critical thinking capability.

Itr. Michelle Sundas
President (R.Y. 2026-27)

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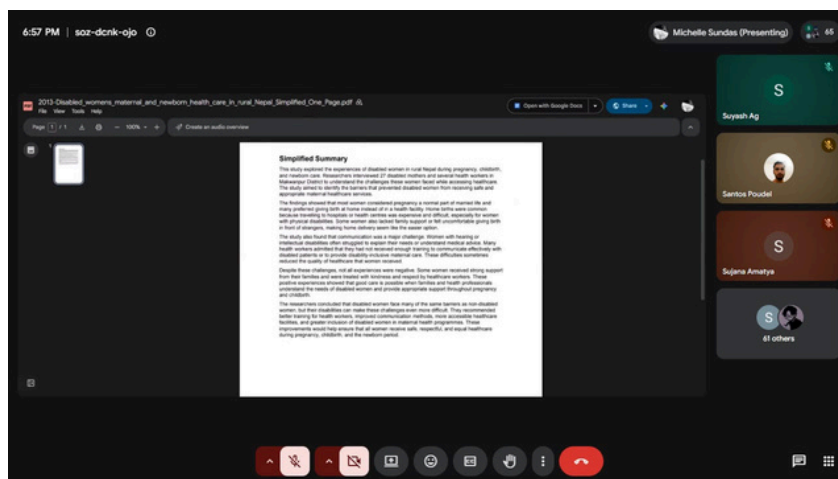
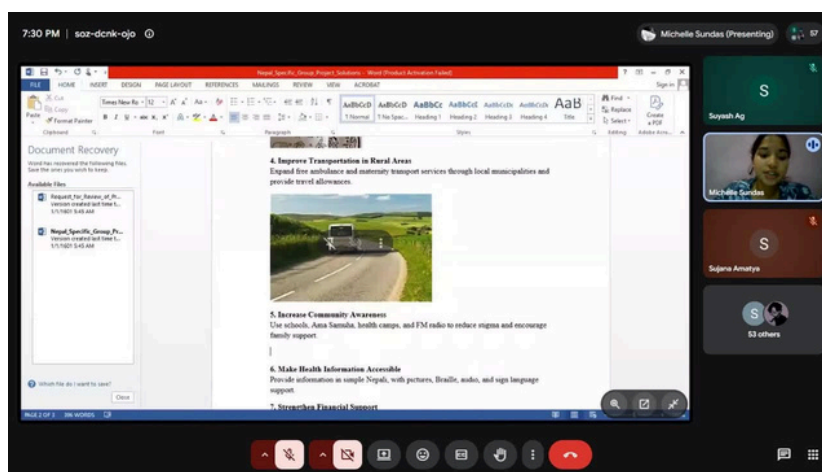
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Feedback of Attendees:

1. The event was very informative. We got to have interactions with the members of other clubs Aswell. Since the topic of the case study was very relevant we got to know more about challenges in maternal health in Nepal.
2. The event which was held was really cooperative and we learned many more things from the participants and from the doctor as well.

Pictures:



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