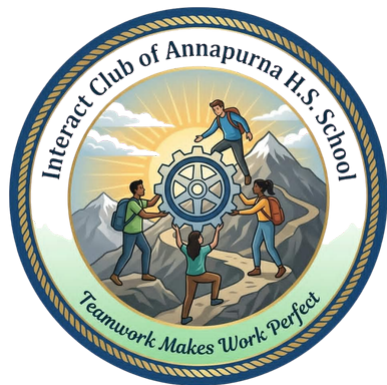




पितृत्व

Project number : 03

Date : 23rd July, 2026

Location : Google Meet

Collaborated with: Interact Club of Kathmandu, Interact Club of Gyaneshwor Swati Sadan, Interact Club of Xavier International College, Interact Club of Matribhumi Baluwatar, Interact Club of Albert School, Interact Club of Shree Chunadevi Secondary School, Interact Club of Newroad City Kathmandu, Leo Club of Kathmandu Dharahara Heights

Specified Committee : Professional Service

Area of Focus : Basic Education and Literacy

Collaborated

About 'पितृत्व '

Introduction:

On 23rd July, The Interact Club of Annpurna Higher Secondary School Collaborated with Interact Club of Kathmandu, Interact Club of Gyaneshwor Swati Sadan, Interact Club of Xavier International College, Interact Club of Matribhumi Baluwatar, Interact Club of Albert School, Interact Club of Shree Chunadevi Secondary School, Interact Club of Newroad City Kathmandu, Leo Club of Kathmandu Dharahara Height for the event 'पितृत्व ' joining in with the monthly theme of Maternal and Child Health. That showed the importance of father in maternal and child health. The event chair for this event was Itr. Rufash KC Secretary of Interact Club of Kathmandu.

Itr. Kriti Kumari

President RY(2026/27)

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Project Summary:

On July 23, 2026, the Interact Club of Annapurna Secondary collaborated with other clubs for a meaningful awareness program on the topic "**पितृत्व**" (Paternity/Fatherhood). The event brought together several Interact Club members who delivered insightful presentations on the crucial role of a father in maternal and child health.

Throughout the session, the young speakers shed light on the often-overlooked importance of a father's presence during pregnancy, childbirth, and early childhood development. They explained how a father's emotional, physical, and financial support significantly contributes to the well-being of both the mother and the child.

The participants thoroughly discussed the negative effects of a father's absence in a child's life. They also emphasized that mothers, without adequate support from partners, may experience increased stress, anxiety, and health complications during and after pregnancy. On the positive side, the presenters elaborated on the numerous benefits of presence of father in maternal and child health. They explained that children with active fathers tend to have better cognitive development, stronger social skills, and higher self-esteem. Fathers who participate in childcare and household responsibilities also contribute to a more balanced and harmonious family environment. Furthermore, they stressed that a supportive father plays a vital role in promoting safe delivery, proper nutrition, and timely healthcare for both mother and child.

The session was well-received by the audience, with many students actively participating in discussions and sharing their own perspectives on the topic.

Itr. Kriti Kumari

President RY(2026/27)

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