



Maternal and Child Health Awareness Program

Project Number: 1

Date: 29th July 2026

Location: Sagarmatha School Hall

Collaborated with: Interact Club of Devdaha

Specified Committee: Club-Based

Guests

1. Mrs. Mina Sunar (Guest Speaker)

Area of Focus: Maternal and Child Health

Introduction

The Maternal and Child Health Awareness Program was organized by the Interact Club of Sagarmatha Devdaha in collaboration with the Interact Club of Devdaha on 29th July 2026 at the Sagarmatha School Hall. The program was conducted under the Rotary Theme of the Month – Maternal and Child Health. It aimed to educate students about the importance of proper maternal and child healthcare and to raise awareness about harmful practices that still exist in many communities. The session was conducted by Ms. Mina Sunar, a professional health worker, who shared valuable knowledge on promoting safe and healthy practices for mothers and children.

Project Summary

The program began with a brief introduction to the objectives of the awareness session, followed by an informative presentation by Ms. Mina Sunar. She explained the importance of maternal nutrition, antenatal and postnatal care, child immunization, hygiene, and proper healthcare practices. The session also addressed common myths and harmful traditional practices related to maternal and child care, encouraging students to spread accurate health information within their families and communities. The interactive session concluded with a vote of thanks, leaving participants with a better understanding of their role in promoting healthier communities.

Itr.Yujin Gurung
President(RY 26/27)

**Interact Club Of Sagarmatha
Devdaha**
Devdaha-4,Rupandehi

Email:
interactclubofsagarmatha12@g
mail.com



“Photos of the Event”



Itr.Yujin Gurung
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