

पितृत्व

Project No: 1

Date: 23 July 2026

Location: Google Meet

Specified Committee: Community Service

Collaborated with: Interact Club of Kathmandu, Interact Club of Gyaneshwor Swati Sadan, Interact Club of Xavier International College, Interact Club of Chelsea International Academy, Interact Club of Matribhumi Baluwatar, Interact Club of Annapurna H.S. School, Interact Club of Albert School, Interact Club of Shree Chunadevi Secondary School, & Leo Club of Kathmandu Dharahara Height

Area of Focus: Maternal and Child Health

Co- Hosted : All collaborating clubs were co-hosts

About 'पितृत्व'

Introduction:

पितृत्व refers to fatherhood - the duties, care, and guidance a father brings to raising his child. It speaks to the emotional presence, protection, and hands-on involvement fathers provide in creating a supportive home that nurtures a child's mental and emotional growth. This session was organized to underline how important it is for fathers and other family members to stay actively engaged in looking after the health and well-being of both mothers and children.

ltr. Kavya Bhattarai

President RY(2026/27)

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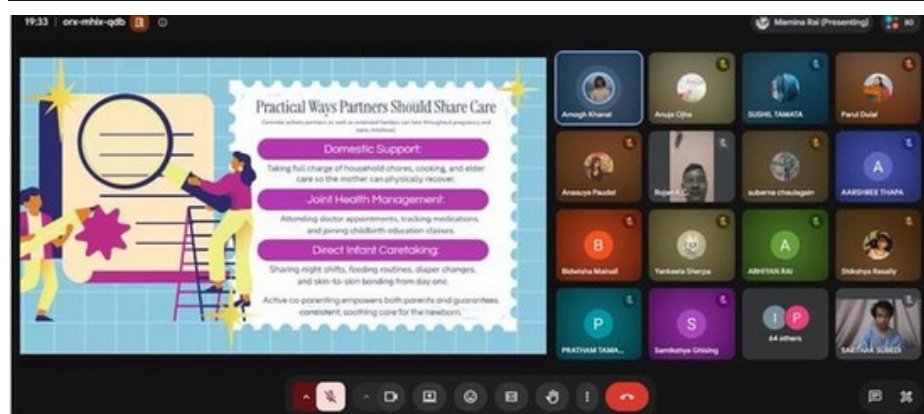
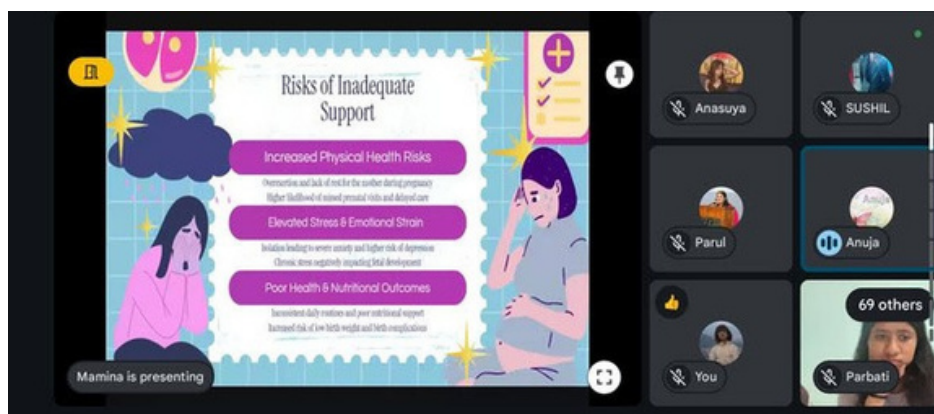
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Summary:

The 'पितृत्व' session was held as a simple, interactive discussion over Google Meet. It featured presentations on how fathers influence a child's everyday life and development, the value of paternal support during pregnancy and infant care, and open conversation on building warm, respectful, friendship-like bonds between fathers and their children. Participants shared a range of perspectives on fatherhood and family bonding, and the session made clear that a father's role extends well beyond providing - he is also a source of love, guidance, and emotional connection within the family. The discussion reinforced the idea that maternal and child health is a shared family responsibility rather than the mother's alone. Attendees came away with a clearer understanding of how active involvement from the whole family - especially fathers - can lead to better health outcomes, stronger family relationships, and a more nurturing environment for children to grow up in.



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