



**Build, Bond &
Blossom**

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27)**

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Children's Day Event

Project Number: 4

Location: Anmol Children's Development Home

Specified Committee: Community

Area of Focus: Community Support, Mental Health and Child Wellbeing

Introduction:

The Interact Club organized a Children's Day celebration at Anmol Children's Development Home to provide the children with an opportunity to celebrate, socialize, and engage in meaningful and enjoyable activities. The event focused on creating a positive and welcoming environment where the children could spend time with the Interact members through recreational activities, a shared meal, and a mental health activity. As part of the celebration, members brought a potluck meal to share with the children and also distributed donations collected for the home. Alongside the recreational activities, the event incorporated a mental health activity designed to encourage self-expression and promote awareness of emotional wellbeing in an age-appropriate and engaging way.

Project Summary:

The Children's Day event included a variety of activities aimed at encouraging interaction, participation, and enjoyment among the children. The Interact members and children shared a potluck meal, creating an opportunity to sit together, communicate, and enjoy food as a community. A mental health activity was also conducted as part of the event, providing the children with a space to engage in discussions and activities related to understanding and expressing emotions. The activity was designed to make conversations around mental wellbeing accessible and enjoyable rather than formal or instructional. The event also included musical chairs, which encouraged active participation and created an energetic and playful atmosphere. Throughout the celebration, members spent time interacting with the children, participating in activities alongside them, and creating opportunities for connection and friendship. The event concluded with the distribution of donations collected for Anmol Children's Development Home. Through the combination of recreational activities, mental health engagement, shared food, and donations, the project aimed to support both the immediate enjoyment and broader wellbeing of the children.

Feedback from Attendees:

The children actively participated in the activities and particularly enjoyed the games and interactive portions of the event. The mental health activity also encouraged the children to participate and express themselves in a comfortable environment.



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