



"Mother & child Matters- health education session"

Project No: 1

Date: 2026-07-29(july 29)

Location: Google Meet (Online)

Collaborated with: None

Specified Committee: Community

Guests: None

Area of Focus: Maternal and Child Health

About "Mother & child Matters- Health education session"

Introduction:

The Interact Club of Peace Zone School successfully organized its July Thematic Project, "Mother & Child Matters" – Health Education Session, through an online platform for the students of Grade 6. The program aimed to raise awareness about maternal and child health by educating students on essential health practices and encouraging them to share this knowledge within their families and communities.

The session covered key topics including the importance of parental care, balanced nutrition, regular health check-ups, healthy pregnancy, newborn care, breastfeeding, immunization, personal hygiene, and postpartum mental health. The presentation was designed to be informative, interactive, and easy for students to understand.

Project summary:

The Mother & Child Matters – Health Education Session was conducted on July 29, 2026, via Google Meet for 60 Grade 6 students. The session provided valuable information on maternal and child health through an interactive presentation, helping students understand the importance of healthy practices and preventive healthcare.

Feedback of attendees:

- Participants found the session informative and engaging.
- Students gained valuable knowledge about maternal and child health.
- Overall feedback was positive, and the session was well received.

Itr. Roshika Dhital

President RY 2026/27

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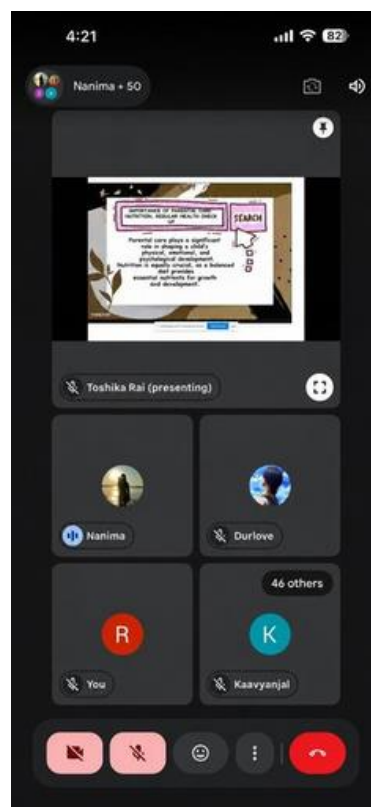
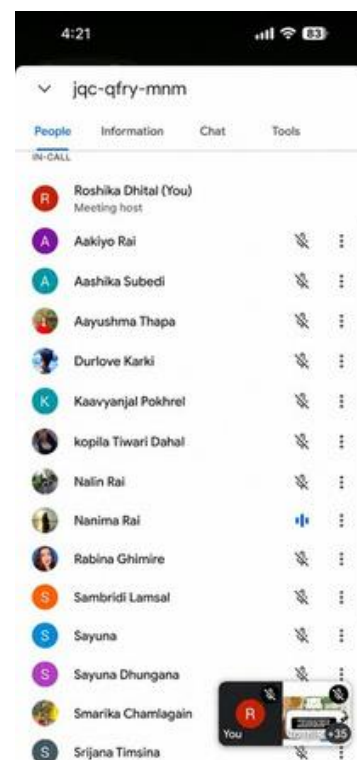
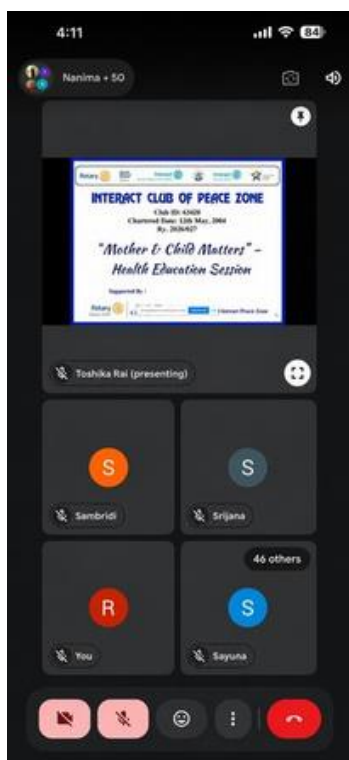
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Event pictures:-



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