



ASTITWA KO KHOJ

Project Number: 06

Date: 20th September, 2026

Duration : 5th September to 20th September

Location : Sunway College , Maitidevi

Collaborated with: Project Karma

Area of Focus: Community Development and Welfare

Specified Committee: Community Service

About “Astitwa Ko Khoj”

Introduction

Astitwa Ko Khoj is a youth empowerment and leadership development initiative by Interact Club of Little Angels' School in collaboration with Project Karma, created to provide underprivileged and underserved students with access to practical learning opportunities beyond the traditional classroom.

The initiative focuses on helping young people discover their identity, strengths, interests, and potential while developing essential skills for their academic, professional, and personal futures. Through interactive classes, mentorship, discussions, practical activities, and direct exposure to professionals and young leaders, participants explore areas such as leadership, communication, public speaking, critical thinking, problem-solving, teamwork, project development, financial awareness, career readiness, business, and media and journalism.

Astitwa Ko Khoj is built on the belief that talent exists everywhere, but opportunity does not. It aims to create a supportive environment where students can ask questions, exchange ideas, explore different career pathways, build confidence, and better understand their ability to create positive change within their communities.

Itr. Anshu Giri

President RY 26/27

**Interact Club of Little Angels'
School**

Hattiban, Lalitpur

**District 3292 Nepal &
Bhutan
Email**

interactclubofla@gmail.com

Cell.no

+977 9818845658



ASTITWA KO KHOJ

Project Summary

Astitwa Ko Khoj was a structured youth empowerment initiative conducted across six days over three consecutive weekends in September, bringing together 100+ students from different government schools. The program was organized by Interact Club of Little Angels' School × Project Karma, with the orientation and classes conducted at Sunway College.

The program was designed to provide students with practical knowledge and experiences that are often not covered within conventional classroom education. Rather than focusing only on academic performance, Astitwa Ko Khoj aimed to develop students into more confident individuals who can identify challenges, think critically, work with others, communicate effectively, and develop solutions to problems within their communities.

Throughout the program, students participated in interactive sessions led by student mentors, professionals, entrepreneurs, and experienced speakers. The core learning areas included self-awareness and leadership, communication and active listening, public speaking, collaboration and confidence, community research, problem identification, design thinking, problem-solving, project development, presentation, Q&A, and reflection.

Community Impact Project (CIP)

A key component of Astitwa Ko Khoj was the Community Impact Project (CIP), where students were given the opportunity to put their learning into practice.

Through CIP, students worked in groups to identify a real-world problem affecting their community or a broader global issue. They were encouraged to look closely at the problem, understand its causes and the people affected by it, and identify why the issue continues to exist. This process allowed students to move from simply recognizing a problem to understanding it through research, discussion, observation, and critical thinking.

After identifying and analysing their chosen issue, each group developed a practical solution or project idea addressing the problem. Students then worked together to structure their ideas, consider their feasibility and potential impact, and prepare their proposed solutions for presentation.

Itr. Anshu Giri

President RY 26/27

**Interact Club of Little Angels'
School**

Hattiban, Lalitpur

**District 3292 Nepal &
Bhutan
Email**

interactclubofla@gmail.com

Cell.no

+977 9818845658



ASTITWA KO KHOJ

The groups presented their projects and solutions, explaining the problem they identified, why it mattered, who was affected, the approach they proposed, and how their solution could create an impact. This gave students practical experience in problem identification, research, teamwork, project development, communication, and presenting an idea to an audience.

CIP therefore served as the practical application of several skills taught throughout Astitwa Ko Khoj, particularly community research, problem identification, design thinking, problem-solving, collaboration, project development, and presentation.

Professional & Career Exposure

The program also provided students with exposure to business and media as potential career and learning pathways. A dedicated Business session was conducted by a young business owner, giving participants the opportunity to learn directly from an entrepreneur about business, decision-making, challenges, opportunities, and the realities of building something of their own.

A dedicated Media and Journalism session was also conducted personally by the Executive Director of Annapurna Media, providing students with direct exposure to the media industry. The session introduced participants to journalism, media, storytelling, the responsibilities involved in communicating information to the public, and potential opportunities within the field.

These professional sessions allowed students to interact directly with people working in different sectors, ask questions, understand real-world experiences, and explore career paths that may otherwise remain unfamiliar to them.

Itr. Anshu Giri

President RY 26/27

**Interact Club of Little Angels'
School**

Hattiban, Lalitpur

**District 3292 Nepal &
Bhutan
Email**

interactclubofla@gmail.com

Cell.no

+977 9818845658

Beyond individual skill development, Astitwa Ko Khoj emphasized confidence, teamwork, creativity, social responsibility, and problem-solving. Students were encouraged to look beyond the surface of problems, identify challenges within their surroundings, think creatively, and work collectively toward practical solutions. These objectives align with the program's broader focus on developing confident, ethical, and socially responsible young leaders.

Ultimately, Astitwa Ko Khoj aims to help students recognize their potential, broaden their understanding of available opportunities, and develop the confidence and practical skills necessary to pursue their future goals while becoming more active contributors to their communities.