“Stitch and Create”

Project No:10
Date: 1st of November ,2026
Location:SOS HGS Gandaki, Pokhara

Collaborated with:N/A

Specified Community: Professional Service

Guests:N/A

Area of Focus: Skill development, Professional development.

About ‘ Stitches and Create ’

Introduction:

On November 1st, 2026, the Interact Club of Annapurna SOS hosted "Stitches and Create"—a hands-on crochet workshop at SOS HGS Gandaki focused on creativity, practical skills, and self-expression. Led by Smarika Neupane, the session gave participants a fun, step-by-step introduction to the basics of crocheting, helping everyone unwind, pick up a rewarding craft, and explore their creative side.

Project Summary:

The workshop commenced with an interactive session where trainer Smarika Neupane introduced basic crochet tools, yarn types, and fundamental stitching techniques. Participants were provided with hooks and materials to practice foundational skills including single crochet, double crochet, and basic pattern building step-by-step under individual guidance.
The main goals of the event were:

1. Teach Essential Crafting Skills: Introduce participants to basic crochet techniques, holding methods, and pattern structures.
2. Promote Vocational & Practical Learning: Foster hands-on artistic hobbies that enhance focus, fine motor skills, and potential creative entrepreneurship.
3. Enhance Youth Engagement & Fellowship: Provide an engaging space for Interactors and students to learn together through creative collaboration.

Itr. Prerika Baral
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Conclusion:

Overall, "Stitches and Create" turned out to be a really fun and rewarding session. Thanks to Smarika Neupane's patient guidance, everyone walked away with the confidence to start their own small crochet projects. It was a great reminder of how enjoyable picking up a new hands-on skill can be.

Feedback of the attendees

1.Smarika made learning crochet so easy and approachable! Even as a complete beginner, I was able to follow along and make my first few rows without getting frustrated." (Itr. Milan Bhetal)

2. "It was such a relaxed and fun way to spend the afternoon. I loved learning a practical skill alongside friends, and I can't wait to practice more at home!" (Itr. Dhriti Sapkota)

Some Glances:



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