PROJECT SANGAM

Project No: 11
Date: 4th November, 2026
Venue: Balodaya Secondary School
About: PROJECT SANGAM – Where Kindness Speaks
Specified Community: Club Service
Area Focused On: Peacebuilding and Conflict Prevention

Introduction

PROJECT SANGAM was an activity organized by the Interact Club of Balodaya Pokhara on 4th November 2026 as part of Interact Week 2026, under the theme Harmony Wednesday. The activity focused on strengthening friendships, promoting appreciation, and creating meaningful connections among members. It encouraged members to express thoughts and feelings that often remain unspoken through anonymous messages. The main purpose was to remind everyone that even small words of kindness and appreciation can make someone feel valued and connected.

Event Summary

The activity was designed to create a space where members could express appreciation and share positive thoughts with one another without revealing their identities. Members were encouraged to write anonymous messages containing kind words, appreciation, encouragement, or meaningful thoughts for fellow members. These messages were then collected and randomly distributed among the participants, allowing everyone to receive a message from another member.

As members read their messages, the activity created moments of curiosity, happiness, and emotional connection. Each message carried a different thought, but all shared one common purpose: making someone feel appreciated. The anonymity of the messages made the experience even more special, as members could focus on the meaning behind the words rather than the person who had written them

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The activity highlighted that friendship is not always built through grand gestures or lengthy conversations. Sometimes, a few thoughtful words are enough to make someone feel included, respected, and valued. It also encouraged members to look beyond their usual friendships and recognize the importance of kindness towards every individual in the club.

PROJECT SANGAM was a meaningful reminder that a strong Interact family is built not only through projects and teamwork but also through understanding, appreciation, and emotional support. Through this activity, the Interact Club of Balodaya Pokhara conveyed a simple yet powerful message: “Some words need no name, just a heart to feel them.”



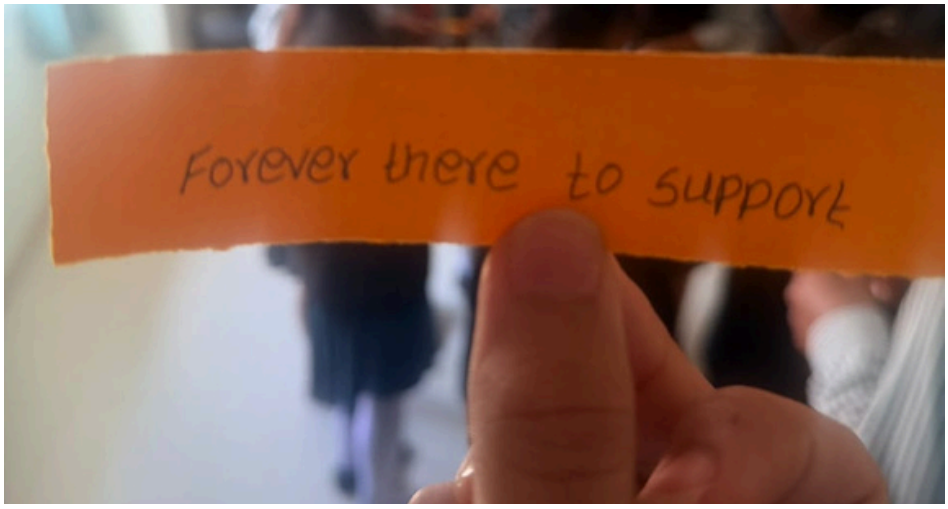
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