Visit to Old Age Home- Celebration Thursday

Project Number: 7
Date: 5th November, 2026
Location: Dyoma Jagat Briddhashram, Bode
Collaborated with: N/A
Specified committee: Club
Sponsoring Organization (s): Rotary Club of Madhyapur
Guests: N/A

Area of Focus: Social Volunteering (Community Service)

About 'Visit to Old Age Home'

Introduction:

The Interact Club of Seabird organized a heartfelt visit to Dyoma Jagat Briddhashram, Bode, as part of Interact Week and in celebration of Interact's birthday. Social service is the main theme of Interact, and the club chose to mark this special occasion not with a party for itself, but by giving back to the community. On Celebration Thursday, we visited the elders of the home to donate small gifts, spend quality time with them, and remind them that they are valued members of society and never forgotten. The project gave the members a chance to step out of the classroom and learn first-hand what it means to serve with empathy, which is the true spirit of Interact.

Project Summary:

The Interact Club of Seabird successfully carried out its visit to Dyoma Jagat Briddhashram, Bode on 5th November, 2026, under the sponsorship of the Rotary Club of Madhyapur. The day fell during Interact Week and was observed as Celebration Thursday, coinciding with Interact's birthday. We reached the old age home in the morning and were warmly received by the staff and the elders. The team was welcomed with smiles and blessings, setting a warm and emotional tone for the rest of the visit.
As a token of care and as a social service gesture, the club donated 3 packets of biscuits and 2 packets of walnuts. We personally distributed these items among the elders, going from bed to bed so that every resident received a share. Handing the gifts directly into their hands, and seeing the happiness on their faces, was one of the most touching moments of the day. A bag of walnuts was also handed over to the elders in the kitchen area, ensuring that everyone at the home could enjoy the donation.

To make the occasion of Interact's birthday memorable, a small celebration was held at the old age home. We and the elders played games together, including ball passing and fire in the mountain, which filled the hall with laughter, cheering and joy. Beyond the games and the donation, the highlight of the visit was the time spent with the elders. We sat with them, listened

patiently to their life stories, and shared conversations and good wishes. Many of the elders expressed how rare and precious such visits are for them, and blessed the members for their kindness. Photographs were taken together with the elders as a memory of the day, and the visit ended with us promising to return. The project reminded every participant that sometimes the greatest service is simply time, attention and a caring conversation, and that the best way to celebrate Interact is through service.

Feedbacks of Attendees:

1. “The visit was a humbling experience. Seeing the elders smile over such small gifts taught us the real value of time and kindness.”-Interactor
2. “It is a joy when young people come to sit and talk with us. We felt remembered and loved today.”-Resident of the old age home





