Beyond Borders: An International Cultural Exchange: Cultural Friday

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Via - Google Meet
Collaborated with :- Interact Club of Arong Comilla, Bangladesh

Specified committee: International Service

Sponsoring Orgarnisation(s) :- Rotary Club of Narayani Mid-Town
Guest :- N/A

Area of Focus: Peace-building and conflict Prevention

About “An International Cultural Exchange: Cultural Friday”

Introduction:

On the occasion of the fifth day of World Interact Week 2026, celebrated as Cultural Friday, the Interact Club of Narayani Public School organized an international cultural exchange project in collaboration with the Interact Club of Arong Comilla, Bangladesh. The project aimed to bring young people from two different countries together through the sharing of their cultures, traditions, and ways of life. It provided an opportunity for Interactors from Nepal and Bangladesh to explore one another's cultural identities, understand their differences, and recognize the values and traditions they share. Beyond a simple cultural presentation, the initiative was designed to strengthen international friendship, promote mutual respect, and encourage a broader understanding of the diversity that makes our world unique.

Summary:

The project brought together Interactors from Nepal and Bangladesh on a common platform to exchange knowledge and experiences about their cultures and traditions. During the session, the members of the Interact Club of Narayani Public School introduced their Bangladeshi friends to Nepalese culture, sharing understanding into the traditions and cultural practices that represent their country. Similarly, the members of the Interact Club of Arong Comilla presented aspects of Bangladeshi culture and traditions, allowing the Nepalese Interactors to learn more about their neighbouring country's cultural identity. This two-way exchange created an engaging learning

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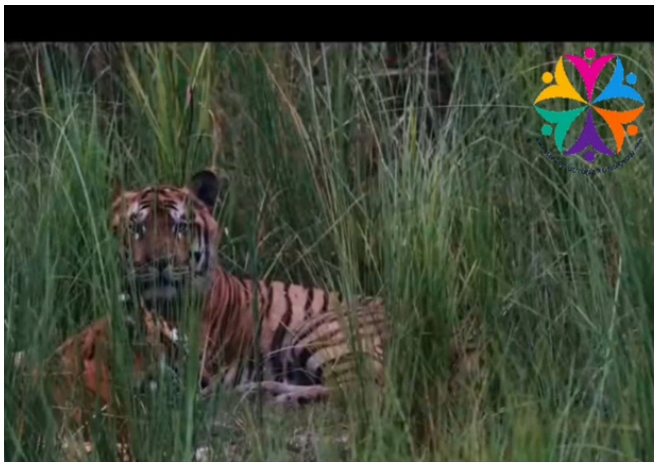
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experience in which both clubs had the opportunity to share their heritage while discovering something new about one another.

The interaction was not only a source of knowledge about different cultural practices but also provided an opportunity for the youngsters of two countries to interact despite the geographical distance. The fact of communication and exchange of information about their cultures helped them realize the value of diversity and the need to respect each other's culture and point of view. It has also proved that people, regardless of the country they belong to and the cultural practices they follow, can be friends and understand each other's values. This collaborative activity enabled the Interact Club of Narayani Public School to reflect the essence of Cultural Friday in the best way possible.







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Conclusion

This cultural interaction program became a perfect manifestation of Cultural Friday, whereby young people from different nations interacted to celebrate cultural interactions and learn from one another. This process promoted cultural understanding among participants and respect, thus offering them a chance to become friends across different countries. It was also an excellent chance for Interact to show the part it plays in connecting young people through the process of learning and International friendship. As such, IC-NPS made a pace in ensuring a generation that is more connected than it was before.

Feedback

1. President (IC- Arong Comilla) - I found the session very informative and enjoyable. It helped me understand the importance of respecting different cultures and traditions. I am grateful for the opportunity to interact with students from Nepal and experience international friendship through Interact.
2. President (IC-Narayani Public School) - The cultural exchange was a wonderful learning experience. I enjoyed sharing our Nepalese traditions and learning about the culture of Bangladesh. It was interesting to discover the similarities and differences between our cultures and connect with Interactors from another country.

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