Greatful Sunday

Project Number: 16
Date: 2026/11/08
Location: chiya kham
Specified Committee: Club service
Sponsoring Club : Rotary club of rupandehi

Introduction

Grateful Sunday was organized by the Interact Club of Shanti as a part of its seven-day event series, with the aim of promoting gratitude, positivity, and meaningful connections among club members. The event provided an opportunity for members to take a break from their regular routines, spend quality time together, and reflect on the people, experiences, and little things they are grateful for in their lives.

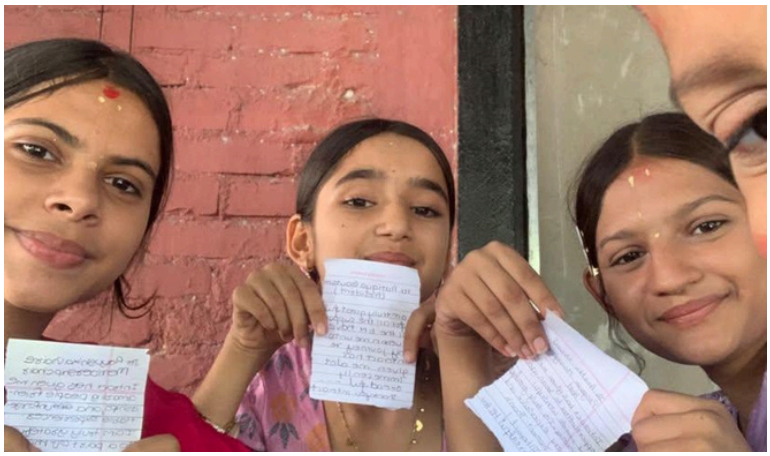
Program Summary

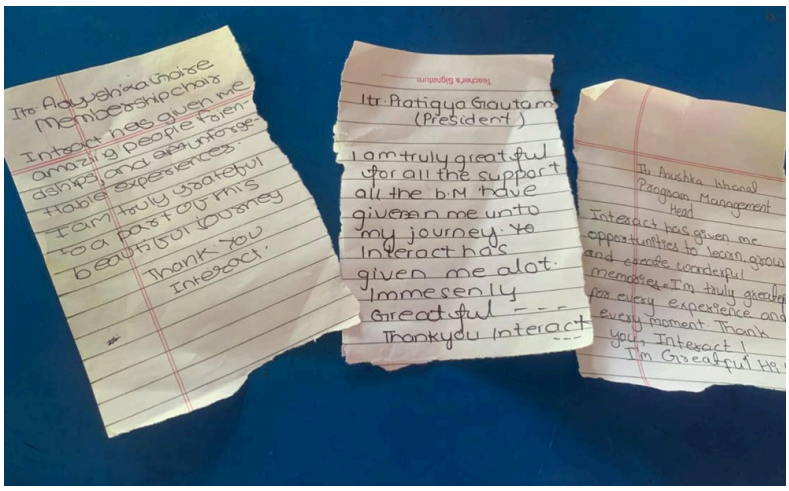
As part of the celebration, members gathered offline at a restaurant and spent some quality time together in a warm and friendly environment. During the gathering, members shared their thoughts, exchanged ideas, and reflected on the importance of gratitude in everyday life. One of the key activities was writing personal gratitude letters, where each member expressed why they felt grateful and appreciated the positive aspects of their lives. Through this simple yet meaningful activity, members were encouraged to recognize the value of little things and express their thankfulness. Grateful Sunday became a beautiful moment of togetherness, reflection, and fellowship, reminding everyone that gratitude makes even ordinary moments special.

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Program Photos:





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